

# GREAT CORNISH FOOD STORE

## ORDER FORM Weeks beginning 28 Dec and 4 Jan

### THIS WEEK'S SPECIALS

Moroccan Style Lamb Meatballs

### NEWS

Opening times:

Monday 28th 8.30am - 6pm

Tuesday 29th 8.30am - 6pm

Wednesday 30th 8.30am - 6pm

Thursday 31st 8.30 - 5pm

Friday 1st CLOSED

Saturday 2nd 8.30 - 6pm

Sunday 3rd 10am - 4pm

Monday 4th Open as Usual

Sorry, no fish until Tuesday 5th. Subject to availability and weather

HOME DELIVERY

COLLECT FROM STORE

NAME:

DELIVERY/COLLECTION DATE:

ADDRESS: (deliveries only)

[Click to check delivery days for your area.](#)

POSTCODE:

### ALLERGENS

Please tell us about any allergen information required.

PHONE NUMBER:

### HOW IT WORKS:

EMAIL:

I AM OVER 18 (Alcoholic products) YES  NO

NOTES: (e.g. delivery instructions, additional items, special requests)

1. Complete this form with your order. You MUST download the form to your own device BEFORE you start to complete it. Alternatively, print the form, complete it by hand and scan.
2. Save your completed order on your device.
3. Email the form to [store@greatcornishfood.co.uk](mailto:store@greatcornishfood.co.uk). THE DEADLINE IS 1.00PM ON THE DAY BEFORE YOU NEED YOUR ORDER.
4. We will send an email confirming receipt.
5. We will call you for card payment on the day your order is due.
6. Your shopping will be ready to collect any time after you have paid.
7. If your order is being delivered, we aim to reach you before 6pm.
8. The list is updated every Monday before midday with news, price changes and special offers. Be sure to use the current form for each order. You will find it [\[here\]](#).
9. If you would like an item that isn't listed, please add it to the NOTES section. We'll let you know if it's available when we confirm your order.
10. The minimum order for delivery is £35. The delivery charge is £5, waived if the order is over £100. There is no minimum for collection.
11. If an item is unavailable we may suggest a substitute, but you will be able to decline this when we call for payment.
12. We will do our best to provide any requested weights, but as there is natural variation in fresh produce we can't guarantee an exact weight.

# G R E A T C O R N I S H

## DAIRY, EGGS & GREENGROCERY

DAIRY	Price	Offers	Quantity
RODDAS 2 LITRE BLUE MILK	£1.35		
RODDAS 1 LITRE BLUE MILK	£0.89		
RODDAS 1PT BLUE MILK	£0.55		
RODDAS 2 LITRE GREEN MILK	£1.35		
RODDAS 1 LITRE GREEN MILK	£0.89		
RODDAS 1 PT GREEN MILK	£0.55		
RODDAS 2 LITRE RED MILK	£1.35		
RODDAS 1 LITRE RED MILK	£0.89		
RODDAS 1 PT RED MILK	£0.55		
TREWITHEN 2 LITRE BLUE MILK	£1.39		
TREWITHEN 1 LITRE BLUE MILK	£0.99		
TREWITHEN 2 LITRE GREEN MILK	£1.39		
TREWITHEN 1 LITRE GREEN MILK	£0.99		
RODDAS 227G CLOTTED CREAM	£2.25		
RODDAS 113G CLOTTED CREAM	£1.20		
RODDAS 284ML DOUBLE CREAM	£1.99		
TREWITHEN 500G NAT YOGHURT	£1.60		
TREWITHEN 250G SALTED BUTTER	£2.25		
TREWITHEN 250G UNSALTED BUTTER	£2.25		
TREWITHEN 250G SPREADABLE BUTTER	£2.25		
RODDAS 200G SALTED BUTTER	£2.50		
<b>CHEESE, PREPACKED</b>			
CORNISH BLUE 175G	£3.75		
QUICKES EX MAT CHEDDAR 250G	£5.95		
QUICKES SMOKED CHEDDAR 200G	£4.95		
QUICKES GOAT CHEDDAR 200G	£6.50		
<b>CUT CHEESES, PRICES PER 100G</b>			
DAVIDSTOW 3 YR VINTAGE	£4.50	£1.00	
CORNISH YARG	£1.95		
GARLIC YARG	£1.95		
KERN	£2.45		
CORNISH GOUDA	£2.00		
VINTAGE CORNISH GOUDA	£2.95		
HELDFORD WHITE WASHED RIND	£2.75		
HELDFORD BLUE	£2.75		
CORNISH NANNY (GOAT BLUE)	£2.95		
NANNY MUFFET (GOAT)	£3.25		

ST EWE FREE RANGE EGGS	Price	Offers	Quantity
LARGE X 12	£2.95		
LARGE X 6	£1.49		
GRAND X 6	£1.65		
RICH YOLK X 6	£1.59		
MIXED WEIGHT TRAY OF 30	£4.99		

GREENGROCERY	Price	Offers	Qty or Weight
POTATOES WHITE 2KG BAG	£1.00		
POTATOES WHITE PER KG	£0.60		
POTATOES RED PER KG	£0.60		
POTATOES SALAD 500G	£0.50		
POTATOES KING EDWARD PER KG	£0.65		
ORGANIC BABY CARROTS PUNNET	£2.25		
ORGANIC SALAD LEAVES 80G	£1.50		
ORGANIC CAVOLO NERO 250G	£1.50		
ORGANIC PEA SHOOTS PUNNET	£2.25		
CURLY KALE 200G	£0.99		
CAULIFLOWER, EACH	£1.00		
SAVOY CABBAGE, EACH	£0.50		
PARSNIP PER KG	£2.50		
BEETROOT MIXED COLOURS 500G	£1.00		
SPROUT TREE, EACH	£1.99		
SWEDE PER KG	£0.65		
RED CABBAGE PER KG	£1.25		
BRAMLEY APPLE 1KG	£2.75		
COX APPLE 1KG	£2.75		
BRAEBURN APPLE 1KG	£2.75		
IOS NARCISSI BUNCH	£2.99	2 for £5	

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# G R E A T C O R N I S H D E L I

DELI	Price	Offers	Quantity
<b>CORNISH OLIVE STALL</b>			
NOCELLARA OLIVES 200G	£3.79		
MIXED OLIVES 200G	£3.79		
ROSEMARY & GARLIC OLIVES 200G	£3.79		
<b>DELI FARM SLICED CHARCUTERIE</b>			
COPPA HAM 50G	£3.85		
VENISON BRESAOLA 40G	£3.85		
FENNEL & ANISE SALAMI 50G	£3.50		
BLACK OLIVE SALAMI 50G	£3.99		
CHORIZO 50G	£2.99		
GARLIC SALAMI 50G	£3.25		
DUCK PROSCIUTTO 40G	£4.50		
PANCETTA 100G	£5.50		
MIXED PACK 100G	£7.95		
<b>PENNY'S PIES</b>			
SMALL PORK PIE	£3.95		
LARGE PORK PIE	£5.50		
SMALL EGG & BACON PIE	£3.95		
<b>INDIVIDUAL GRUMPIES PIES</b>			
STEAK & ALE	£3.50		
CHICKEN & HAM	£3.50		
BLUE CHEESE MUSHROOM & WALNUT (V)	£3.50		
CHICK PEA CURRY (VE)	£3.50		
<b>FROM OUR KITCHEN</b>			
SMOKED MACKEREL PATE 100G	£1.95		
HUMMUS 100G	£1.25		
COUNTRY PATE 100G	£1.95		
SCOTCH EGG	£2.95		
FISH CAKES X 2	£4.00	4 for £7	
LASAGNE PORTION	£4.00	2 for £7	
CURRY OF THE WEEK PORTION	£4.00	2 for £7	
VEGAN COTTAGE PIE PORTION	£4.00	2 for £7	

DELI	Price	Offers	Quantity
SALAD OF THE DAY MEDIUM	£2.95		
SALAD OF THE DAY LARGE	£3.95		
POTATO SALAD MEDIUM	£2.95		
POTATO SALAD LARGE	£3.95		
INDIV QUICHE LORRAINE	£3.95		
INDIV VEGGIE QUICHE OF THE DAY	£3.95		
INDIV CRAB & LEMON TART	£4.50		
SLICED GLAZED HAM 100G	£2.25		
SLICED ROAST MOORLAND BEEF 100G	£2.50		
CLOTTED CREAM RICE PUDDING	£2.00	2 for £3	
CHOCOLATE POT	£2.00	2 for £3	
<b>FROGGYS BOXED TARTS 6 PORTIONS</b>			
TREACLE	£9.95		
LEMON	£9.95		
CHOC SALT CARAMEL	£9.95		
FRENCH APPLE	£9.95		
<b>BY THE SLICE</b>			
FRENCH CUSTARD TART	£2.50		
TREACLE TART	£2.50		
PEAR & ALMOND TART	£2.50		
LEMON CHEESECAKE	£2.50		

# G R E A T C O R N I S H M E A T

MEAT	Price	Offers	Quantity
GREAT CORNISH SAUSAGES X 6, APPROX 500G	£3.99		
GREAT CORNISH CHIPOLATAS X 8, APPROX 300G	£2.75		
SAUSAGE OF THE WEEK X 6, APPROX 500G	£4.25		
HOGS PUDDING (FOR BOILING) APPROX 250G	£2.49		
SMOKED BACK BACON 8 RASHERS, APPROX 300G	£3.49		
UNSMOKED BACK BACON 8 RASHERS, APPROX 300G	£3.25		
SMOKED STREAKY BACON 8 RASHERS, APPROX 250G	£2.95		
PRIME MINCED BEEF 500G	£5.25		
RIB EYE STEAK X 2, APPROX 500G	£15.00		
SIRLOIN STEAK X 2, APPROX 500G	£15.00		
FILLET STEAK APPROX 175G	£7.95		
BEEF TOPSIDE JOINT, APPROX 1.5KG	£18.50		
RIB OF BEEF ON BONE, PER KG	£19.99		
CARVERY RIB OF BEEF, PER KG	£24.99		
SKIRT BEEF 500G	£6.49		
BRAISING STEAK 500G	£5.75		
CHUCK STEAK 500G	£5.25		
WHOLE FREE RANGE CHICKEN APPROX 2KG	£13.50		
WHOLE FREE RANGE CHICKEN APPROX 1.5KG	£9.95		
FREE RANGE CHICKEN BREAST FILLET PER KG	£15.99		
FREE RANGE CHICKEN BONELESS THIGH PER KG	£10.29		
FREE RANGE DUCK BREAST FILLET PER KG	£19.99		
OVEN READY PHEASANT	£5.99		
PORK LOIN CHOP X 2, APPROX 700G	£4.99		
PORK SHOULDER BONED & ROLLED APPROX 1.5KG	£10.49		
PORK BELLY JOINT APPROX 1.5KG	£8.99		
PORK LEG BONED & ROLLED APPROX 1.5KG	£11.99		
PORCHETTA APPROX 1.5KG	£13.49		
PORK TENDERLOIN APPROX 600G	£5.99		
LAMB BARNSLEY CHOP X 2, APPROX 400G	£6.49		

MEAT	Price	Offers	Quantity
LAMB LEG ON THE BONE, PER KG	£14.99		
GAMMON JOINT SMOKED	£7.50		
GAMMON JOINT UNSMOKED	£6.99		
HAM HOCK	£2.50		

FISH	Price	Offers	Qty or Weight

# G R E A T C O R N I S H

## BREAD, BAKERY & TREATS

BAKERY	Price	Offers	Quantity
<b>BREAD</b>			
LARGE SOURDOUGH ORGANIC	£3.90		
SMALL SOURDOUGH ORGANIC	£2.40		
LARGE MALTHOUSE ORGANIC	£3.00		
SMALL MALTHOUSE ORGANIC	£1.60		
LARGE LIGHT WHOLEMEAL	£2.95		
SMALL LIGHT WHOLEMEAL	£1.65		
LARGE WHITE ORGANIC	£2.95		
100% WHOLEMEAL ORGANIC	£3.05		
SPELT ORGANIC	£3.65		
SEA SALT & ROSEMARY FOCACCIA	£4.00		
SOFT WHITE ROLLS X 6	£3.30		
SOFT LT W/MEAL ROLLS X 6	£3.30		
DA BARA CIABATTA	£2.65		
DA BARA BAGUETTE	£2.25		
DA BARA CIABATTA ROLLS X 4	£2.35		
<b>PASTRIES &amp; BUNS</b>			
BUTTER CROISSANT X 2	£2.50		
ALMOND CROISSANT X 2	£3.75		
CINNAMON BUN X 2	£4.50		
TEACAKES X 4	£3.95		
SAFFRON BUNS X 4	£4.20		
<b>CAKES &amp; SLICES</b>			
CHOC BROWNIE X 2	£2.50		
APRICOT & GINGER FLAPJACK X 2	£2.50		
FRUIT CAKE SLAB 500G	£6.50		
GIANT SEA SALT BROWNIE BAKER BAR	£3.20		
HOME-MADE PLAIN SCONE X 4	£2.00		
HOME-MADE CHEESE SCONE X 4	£3.50		
HOME-MADE FAIRINGS PACK OF 6 (VE)	£2.00		

TREATS	Price	Offers	Quantity
BUTTERMILK CLOTTED CREAM FUDGE 175G BAG	£3.45		
JOSHS GIANT MILK CHOC BUTTONS 145G	£3.75		
JOSHS GIANT DARK MINT CHOC BUTTONS 145G	£3.75		
JOSHS GIANT SALT CARAMEL CHOC BUTTONS 145G	£3.75		
I SHOULD COCO CHOC BAR MILK 'HAPPY BIRTHDAY' 100G	£4.00		
I SHOULD COCO CHOC BAR DARK 'HAPPY BIRTHDAY' 100G	£4.00		
I SHOULD COCO CHOC BAR DARK 'THANK YOU' 100G	£4.00		
I SHOULD COCO CHOC BAR MILK 'THANK YOU' 100G	£4.00		
KERNOW CHOCOLATE BAR 70% 100G	£2.65		
KERNOW CHOCOLATE BAR MILK 100G	£2.65		
KERNOW CHOCOLATE BAR MILK SALT CARAMEL 100G	£2.65		
KERNOW CHOCOLATE BAR DARK RASPBERRY 100G	£2.65		
KERNOW CHOCOLATE BAR DARK GINGER & LIME 100G 100G	£2.65		
TRENANCE CHOC DINOSAURS 70G BAG	£2.00		
TRENANCE CHOC SHELLS 70G BAG	£2.00		

# G R E A T C O R N I S H S T O R E C U P B O A R D

STORE CUPBOARD	Price	Offers	Quantity
<b>TEA &amp; COFFEE</b>			
SMUGGLERS TEA BAGS X 40	£1.89		
SMUGGLERS TEA BAGS X 80	£2.99		
LAZY DAYS EARL GREY TEA BAGS X 40	£2.99		
TIME OUT ROOIBOS TEA BAGS X 20	£3.00		
TIME OUT SENCHA GREEN TEA BAGS X 20	£3.00		
TIME OUT CAMOMILE & ELDERFLOWER TEA BAGS X 20	£3.00		
TIME OUT LEMONGRASS & GINGER TEA BAGS X 20	£3.00		
TIME OUT PEPPERMINT & ROSEMARY TEA BAGS X 20	£3.00		
TREGOTHNAN ENGLISH BREAKFAST TEA X 21 SACHETS	£7.95		
MEVAGISSEY GROUND COFFEE 115G	£3.99		
ORIGIN RESOLUTE ESPRESSO BEANS 250G	£7.50		
<b>INGREDIENTS &amp; CONDIMENTS</b>			
CORNISH KETCHUP 255G	£3.25		
CORNISH BROWN SAUCE 255G	£3.25		
CORNISH RAPE SEED OIL 500ML	£4.99		
HARD PRESSED LIQUID CHORIZO SEED OIL 250ML	£6.50		
HARD PRESSED CHILLI OIL 250ML	£6.50		
ARTISAN MALT VINEGAR 250ML	£3.75		
RASPBERRY CIDER VINEGAR 250ML	£3.75		
APPLE CIDER VINEGAR 250ML	£3.75		
HALZEPHRON CORNISH HERB DRESSING 250ML	£3.99		
CONDIMENTAL MAYO 300ML	£4.25		
CONDIMENTAL GARLIC MAYO 300ML	£4.25		
CHORLEYS HOT BBQ SAUCE 515G	£3.65		
CHORLEYS MILD BBQ SAUCE 515G	£3.65		
CORNISH SEA SALT CRYSTALS 225G	£1.75		
CORNISH SEA SALT CRYSTALS 500G	£5.50		
CORNISH SEA SALT FLAKES 150G	£1.75		
SMOKED CORNISH SEA SALT 125G	£2.75		
CORNISH SEA SALT & LUXURY PEPPERS 185G	£6.25		
<b>BISCUITS &amp; CEREAL</b>			
FURNISS FAIRINGS 200G	£1.99		
FURNISS CLOTTED CREAM SHORTBREAD 200G	£2.49		
POPTI MULTISEED CRACKERS 110G	£2.49		
FURNISS RICK STEIN SEA SALT OAT BISCUITS 170G	£2.25		

STORE CUPBOARD	Price	Offers	Quantity
FURNISS RICK STEIN THYME OAT BISCUITS 170G	£2.25		
HUGOS CORNISH MUESLI 500G	£4.25		
HUGOS CORNISH GRANOLA 500G	£4.75		
HUGOS BLUEBERRY & APPLE PORRIDGE 500G	£4.50		
<b>PRESERVES</b>			
NINEMAIDENS CORNISH HONEY 454G	£7.50		
NINEMAIDENS CORNISH HONEY 227G	£4.99		
FREDAS PEANUT BUTTER CRUNCHY 280G	£4.50		
FREDAS PEANUT BUTTER CORNISH SEA SALT 180G	£3.90		
BODDINGTONS STRAWBERRY CONSERVE 340G	£4.25		
BODDINGTONS RASPBERRY CONSERVE 340G	£4.75		
BODDINGTONS BLACKBERRY CONSERVE 340G	£4.25		
SISLEYS 3 FRUIT MARMALADE 340G	£3.25		
CRELOW ORCHARD CHUTNEY 333G	£4.25		
SARAH & FINNS HOT CHILLI RELISH 330G	£3.99		
CLARES BAKEHOUSE CHUTNEY 200G	£3.99		
CLARES SWEET CHILLI JAM 200G	£3.99		
<b>SNACKS</b>			
BURTS CHIPS SEA SALT 150G	£1.95		
BURTS CHIPS SALT & VINEGAR 150G	£1.95		
BURTS CHIPS SALT & PEPPER 150G	£1.95		
BURTS CHIPS CHEDDAR & ONION 150G	£1.95		
BURTS CHIPS CHILLI 150G	£1.95		
CORNISH SEA SALT & PEPPER CASHEWS 450G	£7.99		
<b>CORNWALL PASTA CO</b>			
CLASSIC CAMPANELLE 400G	£4.50		
BEETROOT LUMACONI 400G	£4.50		
CHILLI LUMACONI 400G	£4.50		
CARROT CASARECCE 400G	£4.50		
SQUID INK CASARECCE 400G	£4.50		

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# G R E A T C O R N I S H D R I N K S

ALCOHOLIC DRINKS	Price	Offers	Quantity
<b>WINE</b>			
CAMEL VALLEY BRUT 75CL	£27.95		
CAMEL VALLEY ROSE BRUT 75CL	£29.95		
CAMEL VALLEY BACCHUS 75CL	£15.99		
KNIGHTOR CARPE DIEM WHITE 75CL	£14.99		
KNIGHTOR PINOT NOIR ROSE 75CL	£15.99		
KNIGHTOR 9112 BRUT 75CL	£24.99		
TREVIBBAN MILL HARLYN 75CL	£17.99		
TREVIBBAN MILL BLACK RAM RED 75CL	£22.50		
POLGOON RONDO RED 75CL	£14.99		
POLGOON BACCHUS 75CL	£14.99		
NINEMAIDENS TRADITIONAL MEAD 500ML	£13.75		
NINEMAIDENS KEA PLUM MEAD 500ML	£13.75		
KNIGHTOR DRY VERMOUTH 37.5CL	£15.99		
KNIGHTOR ROSE VERMOUTH 37.5CL	£15.99		
<b>CIDER</b>			
CORNISH ORCHARDS GOLD 500ML	£2.40	2 for £4.50	
CORNISH ORCHARDS VINTAGE 500ML	£2.40	2 for £4.50	
CORNISH ORCHARDS DRY 500ML	£2.40	2 for £4.50	
CORNISH ORCHARDS HEDGEROW 500ML	£2.40	2 for £4.50	
CASTLEDORE 330ML	£2.50		
<b>BEER</b>			
ST AUSTELL KOREV 500ML	£2.20	3 for £5.75	
ST AUSTELL TRIBUTE 500ML	£2.20	3 for £5.75	
ST AUSTELL MENA DHU STOUT 500ML	£2.20	3 for £5.75	
SKINNERS PORTHLEVEN 500ML	£2.25	3 for £5.75	
SKINNERS BETTY STOGS 500ML	£2.25	3 for £5.75	
SKINNERS LUSHINGTONS 500ML	£2.25	3 for £5.75	
SHARPS OFFSHORE CAN 330ML	£1.89		
JUBEL PEACH 330ML	£2.25		
HARBOUR CLASSIC LAGER 330ML CAN	£2.15		
FOWEY BREWERY GOLITHA FALLS 330ML	£2.55		
FOWEY BREWERY LERRYN 330ML	£2.40		
PADSTOW BREWERY POCKET ROCKET 440ML CAN	£3.95		
VERDANT LIGHT BULB EXTRA PALE 440ML CAN	£3.75		

ALCOHOLIC DRINKS	Price	Offers	Quantity
<b>GIN</b>			
TARQUINS CORNISH DRY 70CL	£35.00		
TARQUINS CORNISH DRY 35CL	£20.00		
TARQUINS BLOOD ORANGE 70CL	£37.00		
TARQUINS RASPBERRY & RHUBARB 70CL	£37.00		
CURIO WILD COAST 70CL	£36.00		
CURIO WILD COAST 35CL	£25.00		
HELI GIN 70CL	£37.50		
LAND OF SAINTS ORGANIC 70CL	£43.95		
TINKTURE ORGANIC ROSE GIN 50CL	£45.00		
<b>OTHER SPIRITS/ALCOHOLIC DRINKS</b>			
MORVENNA SPICED RUM 20CL	£15.00		
COYABA SALT CARAMEL RUM 70CL	£30.00		
ROSEMULLION SPICED RUM 70CL	£40.00		
ROSEMULLION CHOCOLATE RUM 70CL	£40.00		
HICKS & HEALEY WHISKEY 9 YRS 70CL	£50.00		
AVAL DOR VODKA 70CL	£39.00		
AVAL DOR VODKA 35CL	£25.00		
HEALEYS CIDER BRANDY 3 YRS 70CL	£45.00		
ATLANTIC CASSIS 35CL	£16.00		

SOFT DRINKS	Price	Offers	Quantity
POLGOON PURE APPLE JUICE 750ML	£4.65		
CORNISH ORCHARDS CRANBERRY & RASP 250ML	£1.25		
CORNISH ORCHARDS ORANGE & LEMON 250ML	£1.25		
CORNISH ORCHARDS ELDERFLOWER 250ML	£1.25		
CORNISH ORCHARDS LEMONADE 250ML	£1.25		
CORNISH COUNTRY CORDIALS STRAWB & ELDERFLOWER 250ML	£3.50		
CORNISH COUNTRY CORDIALS HONEY LEMON & GINGER 250ML	£3.50		
CORNISH COUNTRY CORDIALS RHUBARB & APPLE 250ML	£3.50		
CORNISH COUNTRY CORDIALS PINK GRAPEFRUIT 250ML	£3.50		
NAVAS PREMIUM TONIC 200ML	£0.99		
NAVAS LIGHT TONIC 200ML	£0.99		
NAVAS SODA WATER 200ML	£0.99		
NAVAS GINGER BEER 200ML	£0.99		
NAVAS GINGER ALE 200ML	£0.99		

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